

GRÂNCĂRSKO HORO
(Bulgaria)

Learned in 1969 from Nasko Bârmašev in Loveč, North Bulgaria. The variations described below are but a few of the many variations of this popular North Bulgarian dance. "Grâncărsko" means the "potter's dance" and the movements of the dance are related to the potter's foot action on the wheel

Pronunciation: gruhn-CHAR-skoh hoh-ROH

Music: XOPO LP-4 Side A/6 or any good "Grâncărsko" tune.

Rhythm: 9/16: 1-2,1-2-3, 1-2, 1-2 or 1 2 3 4 or qSq

Formation: Mixed lines or open circle of M and W, hands joined down at sides ("V" pos).

Styling: Light and proud. Arms swing fwd and back throughout the dance.

Basic Step: With L: Hop on L, raising R knee (ct 2); step R beside L, raising L knee (ct 2); hop on R, pumping L leg down and up, slightly in front of R leg (cts 3-4). Basic step with R is same movement but beg with hop on R, reverse ftwk.

MeasPattern

1-8 Introduction - no action (depending on recording used).

I. FORWARD AND BACK

- 1-4 Dance 4 Basic steps L,R,L,R.
5 Moving swiftly and lightly fwd, hop on L (ct 1); low, reaching step fwd with R (ct 2); close L next to R (ct 3); low reaching step fwd with R (ct 4).
6 Continuing fwd, close L next to R (ct 1); low reaching step fwd with R (ct 2); hop on R, pumping L leg down and up, slightly in front of R leg (as in Basic step) (cts 3-4).
7-8 Dance 2 Basic steps, R,L.
9-12 Repeat meas 5-8, reversing ftwk and direction.

II. GALLOP SIDEWARD

- 1-4 Dance 4 Basic steps L,R,L,R.
5 Moving to R, hop on L (ct 1); low reaching step with R to R (ct 2); close L to R, almost displacing R (ct 3); low reaching step to R (ct 4).
6 Close L to R as before (ct 1); low reaching step with R (ct 2); hop on R, pumping L leg down and up (as in Basic) (cts 3-4).
7-8 Dance 2 Basic steps R,L.
9-12 Repeat meas 5-8, reversing ftwk and direction.

GRÂNCĂRSKO HORO (Contd)III. CROSSING

- 1-4 Dance 4 Basic steps L,R,L,R.
5 Hop on L (ct 1); small step R to R (ct 2); step on ball of L ft in front of R (ct 3); step R to R (ct 4).
6 Step on ball of L ft in front of R (ct 1); step R to R (ct 2); hop on R, pumping L leg down and up, slightly in front of R leg (cts 3-4).
7-8 Dance 2 Basic steps R,L.
9-12 Repeat meas 5-8, reversing ftwk and direction.

Presented by Yves Moreau